

Chapter 8 – Footsteps of Truth

241:23-24

One's aim, a point beyond faith, should be to find the footsteps of Truth, the way to health and holiness.

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| Practical preaching (201:1-12) | Christian Science is practical, demonstrating Truth through the destruction of sin, sickness and death. |
| The uses of truth (201:13-5) | 201:17-18 The way to extract error from mortal mind is to pour 18 in truth through flood-tides of Love. The unity between God and man must be worked out in life-practice. |
| Divine study (202:6) | Through study, and the resulting perception and acceptance of Truth, the whole human family can be redeemed. |
| Harmonious life-work (202:15) | Immortal man neither sins, suffers nor dies. The true way leads to life, discloses the infinite capacities of Truth, and gives man dominion. |
| Belief and practice (202:24) | Reliance on drugs for healing contradicts our profession of the power of God. |
| Sure reward of righteousness (202:31) | Rather than allowing man to suffer evil as a result of doing good, Mind is omnipotent and rewards righteousness. Matter can neither heal nor make sick, create nor destroy. |
| Our belief and understanding (203:7) | 203:7-8 If God were understood instead of being merely believed, this understanding would establish health. |
| Suicide and sin (203:17-2) | 203:25 (to 2nd .), 31 The so-called sinner is a suicide. God, divine good, does not kill a man in order to give him eternal Life, for God alone is man's life. God is at 1 once the centre and circumference of being. It is evil that dies; good dies not. |
| Spirit the only intelligence and substance (204:3-17) | Error would have us believe that mortal man, is a supposed mixture of intelligence and non-intelligence, of Spirit and matter. |
| Unscientific theories (204:18-6) | There is only one God, one Mind, one intelligence. Erroneous theories teach that sinners can create a man that is not in God's image, and that man has a mind of his own apart from the one Mind. The belief the God lives in matter is pantheistic. |
| Creation perfect (205:7) | God created all through Mind and made all perfect and eternal. |
| Perceiving the divine image (205:15) | Error clouds our vision of God. The true idea reveals the "supremacy and reality of good, the nothingness and unreality of evil." |
| Redemption from selfishness (205:22-3) | 205:29-1 Denial of the one- 30 ness of Mind throws our weight into the scale, not of Spirit, God, good, but of matter. When we fully understand our relation to the Divine, |

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| | <p>1 we can have no other Mind but His, — no other Love, and this unfolds the divine law of loving our neighbor.</p> |
| Will-power unrighteous (206:4-18) | Will-power is capable of all evil and should only be used in subordination to Truth. Healing is accomplished through hope, faith and love—not through the exercise of will-power. |
| Birth and death unreal (206:19-31) | <p>206:25-26</p> <p>Can there be any birth or death for man, the spiritual image and likeness of God?</p> |
| No evil in Spirit (206:32) | <p>There are no evil spirits because there is no evil in Spirit.</p> <p>207:2-4</p> <p>Because God is Spirit, evil becomes more apparent and</p> <p>3 obnoxious proportionately as we advance spiritually, until it disappears from our lives.</p> |
| Subordination of evil (206:8) | <p>207:9-13</p> <p>9 We must learn that evil is the awful deception and unreality of existence. Evil is not supreme; good is not helpless; nor are the</p> <p>12 so-called laws of matter primary, and the law of Spirit secondary.</p> |
| Evident impossibilities (207:15) | Body is not first and Soul last; evil is not mightier than good; Truth and error do not merge in cause and effect. Science separates the tares and the wheat. |
| One primal cause (207:20-4) | <p>207:20-23</p> <p>There is but one primal cause. Therefore there can</p> <p>21 be no effect from any other cause, and there can be no reality in aught which does not proceed from this great and only cause.</p> |
| Seemingly independent authority (208:5-24) | <p>208:5-10</p> <p>The Scriptures say, "In Him we live, and move, and</p> <p>6 have our being." What then is this seeming power, independent of God, which causes disease and cures it? What is it but an error of belief, —</p> <p>9 a law of mortal mind, wrong in every sense, embracing sin, sickness, and death?</p> |
| Sickness as only thought (208:25) | <p>208:26-31</p> <p>A mortal</p> <p>27 man possesses this body, and he makes it harmonious or discordant according to the images of thought impressed upon it. You embrace</p> <p>30 your body in your thought, and you should delineate upon it thoughts of health, not of sickness.</p> |
| Allness of Truth (209:5-15) | Mind is supreme over all its formations and governs them all. Man owes all to God; the material and mortal body and mind is not the man of God's creation. |
| Spiritual translation (209:16-4) | We must translate man and the universe from material concepts into spiritual ones. In proportion as we do this, man and the universe will appear harmonious and eternal. |
| Jesus' disregard of matter | Jesus' demonstrations show... |

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| (210:5-18) | 210:7 by by his healing the sick, casting out evils, and destroying death, 9 "the last enemy that shall be destroyed," — his disregard of matter and its so-called laws. |
| Mind not mortal (210:19) | The expression "mortal mind" is an incorrect one. Mind is immortal. |
| Matter mindless (210:25-6) | Matter is unintelligent and cannot say, "I suffer, I die, I am sick, or I am well." Bodily, material organs cannot tell us how they feel, or report on their condition. |
| Matter sensationless (211:7-23) | The sensations of the body arise from mortal mind, not matter. |
| Nerves painless (211:24-16) | Nerves are neither a source of pain or pleasure. Sensation is in mortal mind, not matter. |
| Human falsities (212:17) | Mortal operations are undirected and unsustained by God. God makes all by means of Mind, not matter. |
| No miracles in Mind-methods (212:25) | Because mental methods are not understood, mortal mind requires physical movement to convey thought and considers anything contradicting this to be a miracle. |
| Good indefinable (213:6-19) | Mortal mind classifies all materially. Spiritual facts exist apart from these material conceptions. 213:9-10 9 God, good, is self-existent and self-expressed, though indefinable as a whole. |
| Music, rhythm of head and heart (213:20-8) | 213:27 27 Mortal mind is the harp of many strings, discoursing either discord or harmony according as the hand, which sweeps over it, is human or divine. |
| Adam and the senses (214:9) | Spiritual sense, not material, convey the impressions of Mind to man. |
| Idolatrous illusions (214:18) | Mortals are more likely to fear and obey a material body rather than God. Their material illusions rob God and slay man. |
| The senses of Soul (214:26) | Body as matter has no sensation. Soul's senses cannot be lost, and are without pain; nothing can hide from them the harmony of all things and the might and permanence of Truth. |
| Real being never lost (215:4-14) | 215:12 12 Whatever is governed by God, is never for an instant deprived of the light and might of intelligence and Life. |
| Light and darkness (215:15-26) | Darkness is only a mortal sense of the absence of light and when light comes darkness loses the appearance of reality. Science reverses material evidence. |
| Faith of Socrates (215:27-2) | Socrates recognized the immortality of man and the superiority and immortality of good. |
| The serpent of error | Are we fighting on the side of materiality or spirituality? |

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| Servants and masters (216:11-27) | The understanding that there is one Mind begins to destroy the errors of mortal sense, and to supply the Truth. It makes the body harmonious and its organs servants instead of masters. |
| Personal identity (216:28) | 216:30-1 30 Give up your material belief of mind in matter, and have but one Mind, even God; for this Mind forms its 1 own likeness. |
| Paul's experience (217:6) | Paul's experience proves scientifically that Mind is distinct from matter, while medical schools judge it an unnatural mental and bodily condition. |
| Fatigue is mental (217:15-2) | Fatigue is mental, not physical. When you understand Mind's control over matter, you will be able to demonstrate this control. |
| Mind never weary (218:3) | The body is no more material than a wheel, which is never tired. Fatigue is in the human mind. The consciousness of Truth brings us rest. |
| Coalition of sin and sickness (218:9) | 218:12 12 What renders both sin and sickness difficult of cure is, that the human mind is the sinner, disinclined to self-correction, and believing that 15 the body can be sick independently of mortal mind and that the divine Mind has no jurisdiction over the body. |
| Sickness akin to sin (218:17-5) | Why pray for healing if you doubt God's willingness or ability to heal? And if He is willing and able, why turn to medicine for help? Treat sickness as you would sin. Wake to the Truth of being and the mortal dream will cease. |
| Affirmation and result (219:6-22) | Never affirm for the body what you do not wish to be manifested. |
| Scientific beginning (219:23) | Complete demonstration over sin, suffering and death may not be won now, but we can make a start, and this is moving in the right direction. |
| Hygiene ineffectual (220:1-17) | Healthy outdoor activities are not effective in overcoming a predisposition to taking cold when it is the atmosphere of mortal mind, not the atmosphere of the earth that produces colds. |
| The reflex phenomena (220:18-25) | Mortal mind produces its phenomena and charges the responsibility to something else. |
| Volition far-reaching (220:26) | Mortal mind forms all conditions of the body as directly as the will moves the hand. |
| Starvation and dyspepsia (221:1-28) | This passage tells of the healing of a man who fasted in order to overcome a digestive disorder through Christian Science. He learned that suffering and disease are caused by mortal mind, and not decreed by God. |
| Mind and stomach (221:29-28) | Neither food nor the stomach can produce suffering, and gluttony is a sensual sin. Food affects the body as mortal mind dictates. Mortal mind makes a mortal body; Truth regenerates it, and feeds us with the |

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| | bread of Life. |
| Life only in Spirit (222:29) | In seeing to cure indigestion, do not consult matter. It is the illusion that we live in body rather than in Soul that binds us. |
| Soul greater than body (223:7) | If Spirit is all and everywhere, where is matter? Soul is Spirit and Spirit is greater than the body. |
| The question of the ages (223:14-24) | Matter cannot answer the question, What is Truth? Christian Science does answer it and will emancipate humanity. |
| Heralds of Science (223:25-10) | Every sensuous pain or pleasure is self-destroyed through suffering. Truth urges itself upon mortals and its triumph is foreshadowed. Progress should be accompanied by Life and peace—not discord and death. |
| Sectarianism and opposition (224:11-27) | Christian Science is opposed by materialistic Christianity, as well as by state laws and the press. |
| Mental emancipation (224:28) | Truth brings the elements of liberty, and deliverance to the captives of sense. Truth makes man free. |
| Truth's ordeal (225:5) | Though opposed, Truth marches on. |
| Immortal sentences (225:14) | Human power is proportionate to its embodiment of right thinking. |
| Slavery abolished (225:23-4) | Mental slavery must be abolished through the action of divine Mind. |
| Liberty's crusade (226:5) | This mental freedom will be won, "not through human warfare, not with bayonet and blood, but through Christ's divine Science." |
| Cramping systems (226:14-24) | 226:18 18 Human codes, scholastic theology, material medicine and hygiene, fetter faith and spiritual understanding. Divine Science rends asunder these fetters, and man's birthright 21 of sole allegiance to his Maker asserts itself. |
| House of bondage (226:25) | 226:22-2 I saw before me the sick, wearing out years of servitude to an unreal master in the belief that the body governed them, rather than Mind. 24 The lame, the deaf, the dumb, the blind, the sick, the sensual, the sinner, I wished to save from the slavery of 27 their own beliefs and from the educational systems of the Pharaohs, who to-day, as of yore, hold the children of Israel in bondage. I saw before 30 me the awful conflict, the Red Sea and the wilderness; but I pressed on through faith in God, trusting Truth, the strong deliverer, to guide me into the land 1 of Christian Science, where fetters fall and the rights of man are fully known and acknowledged. |
| Higher law ends bondage (227:3) | Divine Mind must end this bondage else man will continue in ignorance and subjection to hopeless slavery and human suffering. |

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| Native freedom (227:14) | God made man free. All men should be free. |
| Standard of liberty (227:21-2) | Christian Science raises the standard of liberty. The illusion of material sense, not divine law has bound us. If God had instituted material laws to govern man, Jesus would have healed in direct opposition to them. |
| No fleshly heredity (228:3) | If the great fact were learned that inharmony cannot enter being for Life is God, the transmission of disease, heredity and fleshly ills would disappear. |
| God-given dominion (228:11-24) | The enslavement of man will cease when man learns his God-given dominion over the material senses. 228:20 21 If we follow the command of our Master, "Take no thought for your life," we shall never depend on bodily conditions, structure, or economy, but we shall be masters of the body, dictate its terms, and form and control it with 24 Truth. |
| Priestly pride humbled (228:25-4) | There is no power apart from God. Jesus proved sin, sickness, and death powerless. This humbles the pride of dead faith and empty religious ceremonies. |
| No union of opposites (229:5) | Sickness and health, holiness and unholiness cannot both come from God. He is not good in one instance and evil in another. |
| Self-constituted law (229:15) | Mortal belief has made itself a way and calls that law, material. It is an error both in theory and in practice. This so-called law of mortal mind is made void by Mind and should be trampled under foot. |
| Sickness from mortal mind (229:23-10) | It is the belief of mortal mind, not a law of matter nor of God which causes the belief of sickness. The remedy is Truth--the truth that disease is unreal. Awakening from this mortal dream will bring us into health. This awakening is the forever coming of Christ. This is God's salvation as demonstrated by Jesus. |
| God never inconsistent (230:11) | 230:11-16 12 It would be contrary to our highest ideas of God to suppose Him capable of first arranging law and causation so as to bring about certain evil results, and 15 then punishing the helpless victims of His volition for doing what they could not avoid doing. Good is not, cannot be, the author of experimental sins. |
| Mental narcotics (230:19) | Drugs, hygiene and other material methods are "soothing syrups to put children to sleep, satisfy mortal belief, and quiet fear." |
| The true healing (230:27) | Disease is liable to reappear unless its cause is obliterated through Christ in divine Science. |
| Destruction of all evil (231:3-19) | Unless an ill is overcome by Truth, the ill is not conquered. If God does not destroy sin, sickness, and death, they are not destroyed in mortal mind. God is the All-power, and Life, Truth and Love heal the sick through the prayer of right thinking. |
| Superiority to sickness and sin (231:20-2) | It is wisdom to hold ourselves superior to sin, sickness and death. To fear them when we understand that they are not of God's creating is impossible. The statement that without God "was not anything made |

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| | that was made", can triumph over sin, sickness and death. |
| Denials of divine power (232:3-25) | False theories of God and man offer no help. Theories that look to matter for healing contradict Principle and are false. Jesus referred man's harmony to Mind, not to matter. 232:19-22 Jesus never taught that drugs, food, air, and exercise could make a man healthy, or that they could destroy human life; nor did he illustrate these errors by his practice. 21 |
| Signs following (232:26) | Only through demonstration over material sense do we find the unquestionable signs of the burial of error and the awakening to spiritual life. |
| Profession and proof (232:32) | There is no place in Science for any error. Every day demands proof of, rather than mere professions of Christian power through the destruction of sin, sickness and death by the power of Spirit. |
| Perfection gained slowly (233:8) | We see and acknowledge perfection only by degrees, and no one knows how long the demonstration of scientific being will take. |
| Christ's mission (233:16) | Jesus mission was to reveal the truth that sin and sickness can be destroyed by overcoming the thoughts that produce them and by understanding the spiritual idea which corrects and destroys them. |
| Efficacy of truth (233:25-3) | The counter fact relative to any disease is required to cure it. Speaking the truth rebukes and destroys error. Why not, since sickness is solely the result of inharmony? If we trust matter for healing, we distrust Spirit. |
| Crumbs of comfort (234:1-8) | 234:4-6 (to table) Whatever inspires with wisdom, Truth, or Love — be it song, sermon, or Science — blesses the human family with crumbs of comfort from Christ's table, 6 |
| Hospitality to health and good (234:9) | 234:9-12 9 We should become more familiar with good than with evil, and guard against false beliefs as watchfully as we bar our doors against the approach of thieves 12 and murderers. We should love our enemies and help them on the basis of the golden rule, but avoid casting our pearls before the unappreciative. |
| Cleansing the mind (234:17-6) | Mortal mind must be emptied of sinful and sick thoughts. We must control these evil thoughts or they will control us, but they can do no harm if virtue and truth build a strong defense. |
| Teacher's functions (235:7) | Teachers in schools and readers in churches should be selected with reference to their morals as well as to their learning or reading. |
| Physicians' privilege (235:19) | Physicians should be able to teach the divine Truth which is Life, and plant the patient's feet upon the Christ, the true idea of spiritual power. |
| Clergymen's duty (235:28-11) | The motivation of the clergy should be the standard of Truth, not the love of popularity. A special privilege is vested in them and it should be used sacredly in the interests of humanity, not of sect. |
| A mother's responsibility | A mother is the strongest educator of the child, either for or against |

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| (236:12) | crime. She should mold the child's mind through the divine influence of the one Mind, and know good as the remedy for every woe. |
| Children's tractability (236:21-6) | Children should obey their parents, and parents should teach their children as early as possible the truths of health and holiness. Children are more easily taught than adults and more readily learn the truths that will make them happy and good. |
| Soil and seed (237:7) | The stubborn beliefs and theories of parents often choke the good seed in their minds and the minds of their children. Superstition snatches away the good seed before it has sprouted. |
| Teaching children (237:15) | Children should be taught Truth early and be kept from discussing theories or thoughts about sickness. Keep sinful and diseased thoughts out of their minds. This makes Christian Science early available. |
| Deluded invalids (237:23) | Some invalids cling to their false beliefs. |
| Patient waiting (238:1-11) | We must wait until they are ready for the blessing. |
| Unimproved opportunities (238:12-24) | We cannot benefit from experience we have not made our own, reap a harvest we have not sown, or gain the benefits of others labors. |
| Society and intolerance (238:25-4) | Society judges foolishly and time is needed for justice to be restored and the facts to win out. The sects who endured the suffering of the cross are now laying the lash upon those more spiritual advanced. |
| Right views of humanity (239:5-15) | To gain better views of humanity we must break up cliques, level wealth with honesty and let worth be judged according to wisdom. |
| Standpoint revealed (239:16) | 239:20 The objects we pursue and 21 the spirit we manifest reveal our standpoint, and show what we are winning. |
| Antagonistic sources (239:23) | Mortal mind forms material concepts and produces every discord. The action proceeding from divine Mind is harmonious, while that from mortal mind ends in sin, sickness, and death. These two never mingle. |
| Some lessons from nature (240:1) | Nature speaks to us of spiritual law and divine Love. It points to Mind and spiritual intelligence. |
| Perpetual motion (240:10) | Mind is perpetual motion. Its symbol is the sphere and the rotations and revolutions of the universe of Mind go on forever. |
| Progress demanded (240:18-4) | Mankind must progress else past failures will be repeated until corrected. We must become unsatisfied with our mistakes. All error must be brought into subjection to Truth. 240:29 30 The divine method of paying sin's wages involves unwinding one's snarls, and learning from experience how to divide between sense and Soul. |
| The doom of sin (241:5) | Mortality is the doom of sinful, sensual treasures. |
| Spirit transforms (241:13-30) | The Bible teaches transformation of the body through spiritual renewal. Our aim should be to find the footsteps of Truth, the way to |

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| | health and holiness. |
| Spiritual baptism (241:31) | We put off material beliefs and false individuality through repentance, spiritual baptism and regeneration. Denial of the claims of matter is a great step forward. |
| The one only way (242:9-20) | 242:9 9 There is but one way to heaven, harmony, and Christ in divine Science shows us this way. It is to know no other reality — to have no other consciousness of life — than good, God and His reflection, and to rise superior to the so-called pain and pleasure of the senses. 12 |
| Divided vestments (242:21-3) | Divine Science is consistent. We must provide proof, not mere profession. Ignorance and hypocrisy will never succeed in the demonstration of spiritual good. |
| Ancient and modern miracles (243:4-15) | Divine Love can heal the sick in every age; it crowned the demonstrations of Jesus. But to repeat the demonstrations of old, the Mind of Christ must accompany the letter of Science. That these wonders are not more common today is due to lack of spiritual growth. |
| Mental telegraphy (243:16) | Mortal mind complains for the physical body. Matter cannot; it has neither intelligence nor sensation, and God does not since It knows no evil. |
| Annihilation of error (243:25) | Truth, Life and Love annihilate error since they declare nothing but God. |
| Deformity and perfection (243:30-12) | Sin, sickness and death are inharmonies which Truth destroys. Perfection does not animate imperfection. God does not produce moral or physical deformity. |
| Man never less than man (244:13-22) | Man was never more or less than man. He is not subject to birth, maturity and decay; else there must be an instant when God is without His full reflection. |
| Man not evolved (244:23-4) | 244:23-27 24 Man in Science is neither young nor old. He has neither birth nor death. He is not a beast, a vegetable, nor a migratory mind. He does not pass from matter to Mind, from the mortal to the immortal, from evil to good, or from good to evil. 27 |
| Perpetual youth (245:5-31) | The story is given of a woman who did not age. The story makes it plain that deterioration of the body due to age is not according to law or nature, but illusion. |
| Man reflects God (245:32-16) | Man is not a pendulum swinging between evil and good, life and death. Life is not measured by calendars. The image of God is and remains perfect and immortal. Virtue and truth coexist with being. Manhood is always at its eternal noon. |
| Undesirable records (246:17) | Never record ages. Time-tables of birth and death work against us. Except for the error of measuring and limiting good, man would live longer and maintain his vigor. |
| True life eternal (246:27-2) | 246:27-28 (to .) 27 Life is eternal. We should find this out, and begin the demonstration thereof. |

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| Eyes and teeth renewed (247:3-9) | Three testimonies are given of the restoration of sight and teeth. |
| Eternal beauty (247:10) | Beauty, as well as truth, is eternal. Material beauty fades. Mortal standards of custom, education and fashion are transient. Immortal men and women reflect higher conceptions of loveliness which transcend material sense. |
| The divine loveliness (247:19-2) | 247:21-24, 31-32 (to ,) 21 Beauty is a thing of life, which dwells forever in the eternal Mind and reflects the charms of His goodness in expression, form, 24 outline, and color. The recipe for beauty is to have less illusion and more Soul, |
| Love's endowment (248:3) | Love never loses sight of loveliness. Immortal Mind feeds the body with freshness and fairness, and beautiful images of thought, and destroys the woes of sense. |
| Mental sculpture (248:12) | 248:13-15 We are all sculptors, working at various forms, moulding and chisel- 15 ing thought. |
| Perfect models (248:25-4) | 248:26-29 We must form perfect 27 models in thought and look at them continually, or we shall never carve them out in grand and noble lives. |
| Renewed selfhood (249:5-17) | 249:6-8 6 Let us feel the divine energy of Spirit, bringing us into newness of life and recognizing no mortal nor material power as able to destroy. |
| Illusive dreams (249:18-30) | God never slumbers and His likeness never dreams. Mortals are the Adam dreamers. They dream no less when awake than when asleep. |
| Philosophical blunders (249:31) | 249:32 We 1 run into error when we divide Soul into souls, multiply Mind into minds and suppose error to be mind, then mind 3 to be in matter and matter to be a lawgiver, unintelligence to act like intelligence, and mortality to be the matrix of immortality. |
| Spirit the one Ego (250:6) | 250:7-11 Spirit is the Ego which never dreams, but understands all things; 9 which never errs, and is ever conscious; which never believes, but knows; which is never born and never dies. Spiritual man is the likeness of this Ego. |
| Mortal existence a dream (250:14-32) | 250:22-25 Now I ask, Is there any more reality in the waking dream of mortal existence than in the sleeping dream? 24 There cannot be, since whatever appears to be a mortal |

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| | man is a mortal dream. |
| Error self-destroyed (251:1) | Error is not real and it does not increase as it is self-destroyed. |
| Illusion of death (251:7) | 251:8-11 In the illusion of 9 death, mortals wake to the knowledge of two facts: (1) that they are not dead; (2) that they have but passed the portals of a new belief. |
| Mortal mind's disappearance (251:15) | The process of higher spiritual understanding improves mankind until error disappears. |
| Spiritual ignorance (251:28-6) | Ignorance must be corrected before harmony can be attained. Inharmonious beliefs imprison themselves in what they create. |
| Eternal man recognized (252:7-17) | When false beliefs learn even a little of their falsity, they begin to disappear. Knowledge of error must precede the understanding of Truth which destroys it. As material error finally disappears, the eternal truth of man is understood and recognized as God's likeness. |
| Testimony of sense (252:18-31) | Material sense claims dishonesty which eludes detection, pleasure, speedy success denied to goodness, the beauty of matter, fatal joys and mortality. |
| Testimony of Soul (252:32) | Spirit claims man as His likeness, reflecting infinite understanding, the beauty of holiness, the perfection of being, imperishable glory, the immortality of Truth, the bliss of Love, Life without end. Spirit is supreme for It is Mind. It is all substance because it is I AM THAT I AM. |
| Heaven-bestowed prerogative (253:9) | There is no cause (outside of erring, mortal, material sense which is not power) able to make us sick or sinful. Knowing the falsity of material sense, we can assert our right to overcome the belief in sin, disease and death. |
| Right endeavor possible (253:18-31) | If you believe in or practice wrong knowingly, you can change at once and begin to do right. Matter cannot oppose it for it is mindless. |
| Patience and final perfection (253:32-26) | Human footsteps leading to perfection are indispensable, whether progress is made quickly or slowly. God requires perfection but not until the victory is won. Wait patiently on God and seek Truth; God directs our path. To begin aright and continue to strive for demonstration is doing much. We may not achieve absolute Christian Science prior to the change called death, but we must accept the task before us--that of evangelizing the human self. |
| The cross and crown (254:27-32) | If you launch your boat upon the healthful waters of truth you will encounter storms, and you will be spoken ill of. This is the cross; through it you win and wear the crown. 254:31 Pilgrim on earth, thy home is heaven; stranger, thou art the guest of God. |